

GO GREEN HEALTHY BODY AND BEAUTY

Girls Sleepover

# People	Healthy meals 2 breakfasts 2 lunches 2 dinners	Accommodation 2 nights & 2 days	Body Pollution – How do you rate?	Detoxification Strategies – Where to begin?	Rejuvenation Strategies e.g. Essential Oil Therapy for Symptom Relief, Lessons from the blue zones for healthy longevity	Muscle Response Testing – for beginners or a refresher	THE WHOLE PERSON WELL-BEING EQUATION BOOK	COST Regular	COST Customer Appreciation		Make and take Botanical Spa Therapy Bath Tea bags	Make and take healthy beauty products	Body Feedback Interview & Therapy Session
1	√	√ private	√	√	√	√	√	\$350.		+	\$1 each	\$5 – 8 each	\$100/50.
2	√	√ shared	√	√	√	√	√	\$250. ea	\$50. ea	+	\$1 each	\$5 – 8 each	\$100/50.
3	√	√ shared	√	√	√	√	√	\$225. ea	\$50. ea	+	\$1 each	\$5 – 8 each	\$100/50.
4-6	√	√ shared	√	√	√	√	√	\$200. ea	\$50. ea	+	\$1 each	\$5 – 8 each	\$100/50.

Participants can choose from the items listed above to customize their **GO GREEN HEALTHY BODY AND BEAUTY** workshop experience.

Healthy meals are designed for healthy longevity, if you require additional snacks please bring them with you. Please indicate any dietary concerns at time of registration.

This is a **no synthetic scent** event. Synthetic scents can interfere with neuromuscular biofeedback testing. If you do not have synthetic free natural products you can use natural samples provided.

All registrations must accompany your full name, address, phone & email contacts. Register via email to elisabethlhines@gmail.com with your preferred weekend dates to check availability. You will then be requested to send an email transfer for the workshop total. Additional items can be paid for at the workshop.

Prices are subject to change without notice.